

GLRSA Spring '24 Coaches Meeting

- ▶ THANK YOU for Coaching!
- ▶ Contact Information
- ▶ E-Mail: Info@glrsa.org
- ▶ Web Site: www.glrsa.org

New Logo!!





GLRSA Rec Board

David Ungaro	President
Lindsey Martin	Vice President
Shannel Lose	Treasurer
Erica Crum	Administrative Assistant
Brett Creech	Website
Lindsey Martin	Sponsors
Erica Crum	Game Schedules
Erica Crum	Practice Schedules
David Ungaro	Referee Assignor
Tim Wagner	Fields/Buildings/Equipment
Miles Madren	Area Rep Coed U5/U6
Josh Martin	Area Rep BU7-BU9
Jacob Crum	Area Rep GU7-GU10
Alicia Wozniak	Area Rep BU10-BU18
Molly Kinsey	Area Rep GU11-GU14
Dave Ungaro	Coed U18
Dustin Tarkington	Vendors

If you are interested in joining the GLRSA Board, send an email to Info@glrsa.org with a brief bio about yourself and areas you would be interested in serving.

- *Voice in the organization
- *Registration fees covered each season
- *Schedule Priority
- *Boilers FC tuition discount
- *Great serving opportunity

We can always use more minds & hands to support Tippecanoe County Soccer!



Philosophy of GLRSA

GLRSA = Recreational league with Equal playing time!

U5/U6 – every game is a tie (don't keep score)

No Referees – 1 Coaches is on the field (Keep it Simple)

U7/U8/U9/U10 – teach the game of soccer, play kids at all positions, teach proper techniques

U7 Only: 1 coach is allowed on the field – steer clear of play

U11/U12/U14 – begin to match kids to their strengths and introduce new soccer skills, plays, etc.

***We offer competitive soccer with our Travel League – Boilers FC**





Coach Responsibilities

Safety:	Don't leave until kids are picked up
Conduct:	Adhere to the Code of Conduct
Communicate:	With parents, players, GLRSA
Know:	Rules for your age group
Plan:	Practices and substitutions for games
Teach:	Soccer skills based on age level
Have Fun:	Don't sweat the small stuff!!





Coach Behavior Expectation

Read and Know the Code of Conduct on the GLRSA website (Coach Central Section)

Read and Know the Playing Time Policy on the GLRSA website (Coach Central Section)

Read and Know the Sideline Rule on the GLRSA website (Coach Central Section)

REMEMBER - You are setting an example for your players.

You have the opportunity to teach:

- The great game of soccer
- Teamwork & Sportsmanship
- How to be a gracious winner
- How to deal with disappointment

At the first team practice, remind parents of the GLRSA Code of Conduct and set the expectation that they understand it and follow it.

Violation of the GLRSA Code of Conduct may result in suspension.

Receiving a red card results in a one game suspension – next scheduled game.

GLRSA may impose additional disciplinary actions.





Rosters Are Final

There are over **1,520 players** on **125 teams**

***Please contact your players no later than March 22nd**

GLRSA has roster guidelines

***Minimum and maximum number of players on a team**

Area Reps review requests and attempt to honor them

***It is not always possible to honor requests**

***We will fix rosters if a coach's child is placed on the wrong team**

If you fall below the minimum number of players

***We will look to add players from the waiting list – please notify your Area Rep. if you find yourself in this situation**





Age Division Breakdowns

Division	Ball Size	Game Time
U5 – U6	3	10-minute quarters (4)
U7 – U8	4	10-minute quarters (4)
U9 – U10	4	20-minute halves (2)
U11 – U12	4	25-minute halves (2)
U14 – U18	5	30-minute halves (2)

Division	Players on Field	Minimum
U5 – U6	5 field + goalie = 6 total	4
U7 – U10	6 field + goalie = 7 total	5
U11 – U12	8 field + goalie = 9 total	7
U14 – U18	10 field + goalie = 11 total	7



Team Shirts

Shirts will be available for pickup at The Athlete/Custom Tees (2424 Teal Rd. Lafayette) – Some team shirts are available for pickup after the meeting tonight – see shirt table

Do **NOT** call The Athlete/Custom Tees. If you have questions or concerns about your shirts, contact GLRSA via email at Info@glrsa.org.

Check your team shirts against the sizes on your roster immediately. Do not wait until your first game. If you are missing a shirt, contact your assigned age division Area Rep.

- The Athlete/Custom Tees will only make new shirts if GLRSA sends in the order. If sizes are slightly off, please try to use what you received.
- If parents ordered the wrong size and request another one, they will be responsible for buying a second shirt. Contact your Area Rep to begin this process.

Goalies must wear a different colored shirt or penny during games. Goalie shirts are not provided by GLRSA.



Adding Assistant Coaches

Each team can have up to 2 assistant coaches.

- Please let your area rep know if you would like to add an assistant coach.

If GLRSA approves the coach, your Area Rep will send you an updated roster and order a shirt for them.

- After April 21st, we will no longer order shirts for assistant coaches
- The shirt will be ready in approximately 5 business days from the date they are added to the roster.
- **You may call The Athlete after 5 days to see if shirt is ready for pick up.**

Background check policy – All coaches must register online and submit to a background check

You can register for GLRSA's Risk Management program on our website under Available Programs. Please be sure to click the emailed link from Players Health once you've registered for GLRSA's Risk Management program. Failure to do so will result in an incomplete background check.



Where To Get Help

Check the Website

Announcements, Practice/Game schedules, Field Status, etc...

Email Your Area Rep

Questions, Concerns, Advice

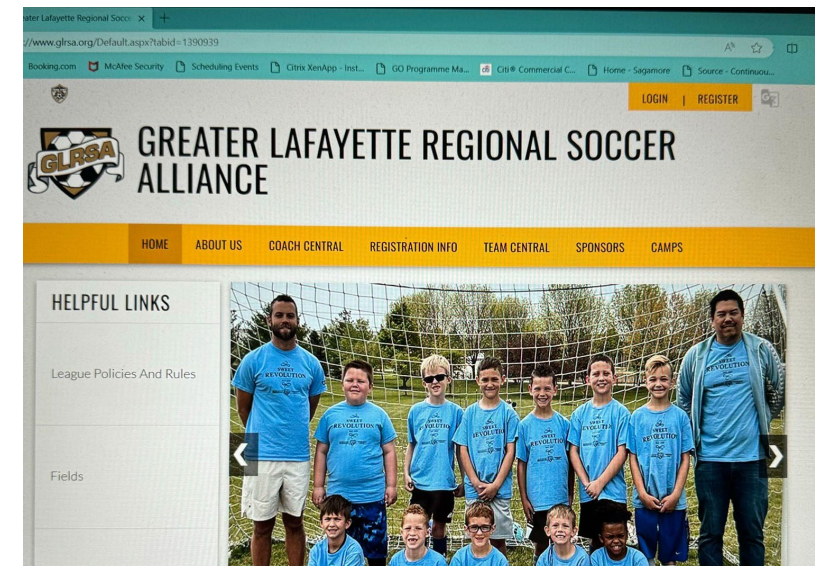
Email GLRSA @ info@glrsa.org

Questions, Comments, Referee No-Show

Email the Scheduling Rep @ schedules@glrsa.org

Game Results, Scheduling Questions, Practice Concerns

www.glrsa.org



Coed U5, U6	Miles Madren	milesmadren5@gmail.com
Boys U7, U8, U9	Josh Martin	joshmartinsoccer@gmail.com
Boys U11, U12, U14, U18	Alicia Wozniak	aliciawozniak00@gmail.com
Girls U7, U8, U9, U10	Jacob Crum	jacobcrum.arearep@glrsa.org
Girls U11, U12, U14	Molly Kinsey	mollykinsey.arearep@glrsa.org
Coed U18	Dave Ungaro	dtcungaro@comcast.net



Field Conditions/Locations

Practice Field Locations: Davidson Soccer Park, Evangelical Covenant Church (ECC) Cat Park, Amphitheater – addresses can be found at GLRSA.org

Game Field Locations: Davidson Soccer Park, Evangelical Covenant Church (ECC), Cat Park, and possibly Boilers FC if required

- **7 regular season games and tournament (U9 – U14) – Blind Draw Format**
- **8 regular season games (U5 – U8)**

All fields are getting a lot of use! Several fields showing wear and tear.

- **Stay out of the goal mouths as much as possible during each practice**



Schedules and Practices

Practice Schedule:

- Schedule is complete and up to date for those times that have been received.
- **If you will practice on a NON-GLRSA sanctioned field, you will need an updated Insurance Rider provided by GLRSA – contact info@glrsa.org to begin this process.**
- **If you DO NOT have the above referenced Insurance Rider, you will be assuming ALL liability as head coach should there be an injury....or worse.**

Practice Schedules will be posted on the website and will be updated as changes occur, check it often. **If you do not see your practice scheduled, email schedules@glrsa.org**

Game Schedule:

- will be posted by end of day March 29th (Team Central header)

Games begin April 5th with final games/tournament May 18th/19th.





Helpful Practice Tips

Practices **should start no earlier than 5:30pm** unless all of your parents agree their child can make it

Review Field Information on our website to find out where/when your practice is scheduled.
(Coaches Central)

Practices should not last more than 1 hour

Practice sessions no more than 2 times per week

- U5, U6 practice – 1 time per week for max of 45 minutes each practice
- U7 – U18 practice – 2 times per week for max of 1 hour each practice

Practice Drills and Tips can be found on the GLRSA Website within the
Coaches Central Header

Non-GLRSA players are not allowed to practice with GLRSA players for liability reasons



Safety is a Must!

GLRSA fields are not open for practice until 3/25

CAT fields are not open until 4/1!

Week of 3/25 will be GREEN SPACE ONLY



FIELD DAY WILL BE ON MARCH 30TH. VOLUNTEERS WILL BE NEEDED!

Do not practice with unanchored goals/do not move goals.

If you notice goals are unanchored or moved, please set them down and send an email to GLRSA as soon as possible; or post on the GLRSA Facebook page.

If you see Thunder or Lightning...

Clear the field immediately! No exceptions!

Must wait 30 minutes to return after last sound/sight of Thunder/Lightning





Bad Weather

View website for information – especially on game days!

- Field Status will be displayed in the banner at the top of the homepage
- Report to the field if nothing is listed on website

Referee or GLRSA will make decision on rain/lightning for games.

- If no referee or board member is present, coaches should work together and use good judgment

If games are canceled, GLRSA will handle reschedules

If a game has reached halftime, it is considered a complete game





Game Day

Know the rules for your age division

- They are on the GLRSA website (Coach Central/Policies & Rules)
- Please review before games start

Bring a copy of your roster to every game

- You cannot use players not on roster (cheating will not be tolerated)

Be prepared with a substitution plan

- So that each player has equal playing time (a must)

Players must wear shin guards under long socks, may not wear jewelry, no toe cleat

Sideline rules:

- Both teams are on one sideline of the field
- Each team keeps to one half of the sideline – including coaches
- Stay behind spectator lines
- All spectators must stay on the opposite sideline from the teams
- No coaches or spectators on the end lines or behind the goals





Mercy Guidelines

Goal Differential stops at 6, so there is no benefit to winning by more

Be prepared to manage a lopsided game

Move offensive minded players back to defense

Goal kicks for the other team – pull your team back

Challenge your players – shoot only with non-dominant foot, shoot from outside penalty area, 7 connected passed before you can shoot, change your formation to fewer offensive players, etc...

If all else fails, tell them not to shoot!

What if the opposing coach doesn't adjust?

Don't lose your composure

Keep encouraging your players

Send email to GLRSA





Scores & Results

Applies to U9 – U14 only

Please e-mail the following information immediately after each game to info@glrsa.org:

- **Date**
- **Teams**
- **Score**
- **Age Division**

The above information is used to confirm with the Referee's report to ensure no discrepancies



If no referee shows for your game, please work together to have a parent/coach referee the game. The game is to be played as scheduled. Please report “no referee” with your game results.



Referees

Treat referees with respect! They will make mistakes!

Some of our referees are young – encourage them – do not verbally abuse a referee. **This is a violation of the Code of Conduct and will not be tolerated.**

Referee decisions are final.

- You are not allowed on the field unless directed by a referee!
- Do not discuss decisions with the referees during or after a game

If you have a concern with a referee, please provide GLRSA with a detailed description of your concern (Info@glrsa.org), and it will be reviewed and responded to.

NOTE: U7 age division will be last to assign referee's each week. If there is a referee shortage for the week, you may not have a referee and will need to work with the opposing coach to referee the game.

Should this happen, both coaches will receive an email from their Area Rep. at least 1 day prior to their game notifying that no referee will be present.



Game Reschedules

Reschedules must be submitted by April 20th

Reschedule Request Form can be found on GLRSA website under Team Central heading

****You must contact the coach of the other team BEFORE submitting the reschedule form. Both coaches must agree on rescheduling the game: new date, location, and time.****

- All reschedule requests MAY NOT be honored – we'll do our best but make no promises
- Wait for confirmation from GLRSA that the rescheduling request was approved. Please provide advance notice **(at least 10 days)** to GLRSA of the new match date so we can ensure a referee is available for the match.
- Contact information for the opposing coach – Refer to Teams tab on website.

Only in extreme circumstances like a school function such as band, choir contests, etc...

Not because the head coach can't make it, Purdue/Colts games, other sports like travel soccer, football, baseball, volleyball, softball, etc.



New Rule Alert

Ages U7-U10 will play with Build Out Lines.

Please check the GLRSA website for details on this! A document will be sent to coaches in that division and posted to the website soon.



Rule Reminders

Recent Rule Changes to remember:

U5 – U6: All members of the opposing team must be on their defending half of the field prior to a goal kick.

U5 – U12: No player is allowed to intentionally head the soccer ball during practices or games.

U5 – U10: No punting or drop kicking the ball!

U5 – U10: No longer enforce the pass back rule to the goalie

U5-U12: **No full time goalies (must alternate goalies)**

*Must have a minimum of two goalies with each one playing no more than half the game in goal.

GLRSA Rules can be found at www.GLRSA.org under the Coaches Central Header/policies and rules



Greater Lafayette Regional Soccer Alliance

The Greater Lafayette Regional Soccer Alliance is a non-profit organization whose goal is to create an enjoyable learning and playing experience. It supports our youth as they learn the skills and experience the thrills of the world's most popular sport.

1. Greater Lafayette Regional Soccer Alliance (GLRSA) requires that all players receive **equal** playing time. This is dependent upon players' practice participation (i.e. if a player does not make it to any/many practices, the coach is not obligated to play her or him as much as those who have participated in more or all practices). Coaches are responsible for monitoring and administering.

2. We always have more teams than we have practice fields available to us. Our game and practice sites are provided to us with the expectation that they will be used wisely. Teams must all get along at practices and games. Scheduled games take precedence over practices at the respective fields. If any extreme situations occur, please send email to glrsa1@aol.com.

3. Players are not allowed to be added or moved except by GLRSA. Any team found to have an illegal player(s) will forfeit all games up to and including the affected game. An illegal player is one who does not appear on the official GLRSA roster of the team in question. Any team found to be playing an illegal player is subject to disciplinary action(s). ~~Coaches should have a GLRSA provided copy of their~~



Stack Team APP

GLRSA uses the Stack Sports GLRSA Team App

***You can Download the app now on Googleplay or Apple I-tunes store
– Search GLRSA***

- Mobile Team App for cellphone or PC use
- Central and direct line of communication to push announcements and reminders to parents/players and receive feedback
- Practice and Game schedule available within the app
- Coaches/Parents can utilize the app for multiple children playing within GLRSA – more than 1 team functionality
- Availability notification for practice & games
- Access to division standings and match results





Locations & Dates:

- ## Where are the pictures taken?

- ECC – southside of the parking lot
- CAT Park – Alongside the entrance just after entering the complex (closest to McCarty)



DICK'S Sporting Goods

Coupon can be found on
the GLRSA website
homepage at the bottom
of the page.

www.GLRSA.org



GLRSA
20% OFF - APPRECIATION WEEKEND

March 22-24, 2024
VALID STORE LOCATIONS: LAFAYETTE

*Offer not accepted at DICK'S Warehouse Sale or Going, Going, Gone! Locations.

Save the date! Our partner, DICK'S Sporting Goods, is offering you a 20% off discount throughout the store to help you gear up for the season!

Be sure to use the coupon linked below, as this is specific to our organization. The coupon is valid in-store on the dates listed and must be shown at the register during checkout.

[CLICK HERE FOR COUPON](#)



New Coaches/Area Reps.

•After coaches meeting

1. Check shirt sizes. (this will be on your roster) and confirm each size after picking up your shirts. If sizes are wrong, please let your Area Rep know ASAP.
2. Contact parents. If you do not receive a response via email/text, try phone call. If still no response, email Info@glrsa.org **This needs to be done by the date mentioned previously during the coaches meeting.**
3. If you have any concerns about your roster, contact the area representative for your gender/age group.
4. Get to know your Area Rep. tonight – they are here and ready to meet with you and answer any questions or concerns you may have.

•Planning practices

Depending on your age group, your focus should be fun, learning, and touches on the ball. As the players grow, and progress, you can add in focus on positioning, passing, and teamwork.

There are many resources to plan practices. You can look up games and drills online or use the resources provided on glrsa.org. For younger age groups, drills disguised as games work very well for example, sharks & minnows or red light/green light modified for soccer.



Free Referee Clinic

**Do you know someone interested in
being a referee?**

When: Tuesday, April 2nd 7:00-8:30

Where: Legacy Sports Center –
Rohrman Building

Who: Anyone HS Age or Older

**ALL NEW OFFICIALS
MUST ATTEND!**



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Questions!

THANK YOU for Coaching!

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